

# MTHATHA REGIONAL ANAESTHESIA

## W O R K S H O P



**20th May 2023**  
SATURDAY

### BLOCKS

UPPER LIMB  
LOWER LIMB  
HIP  
TRUNK

### SESSIONS

**DIDATIC**  
**WET LAB**  
**HANDS-ON**

**TIME: 07H30**

**VENUE: Mthatha Health  
Resource Centre**

**SCAN TO REGISTER HERE** →

**Fee: R250.00**

Or click below to register



For more info email : [nmchanaesthesia@gmail.com](mailto:nmchanaesthesia@gmail.com)

# MTHATHA REGIONAL ANAESTHESIA

## WORKSHOP PROGRAMME

**Instructions: Drs Mogorosi (visiting instructor),  
Gobingca, Kabambi, Mgoqo, Mlitwa, Ndhlovu, Sukwana, Yose**

### Morning Session

07h30-08h00: Registration and Coffee

08h00-08h05 Welcome (Dr. Kabambi)

08h00-08h10: Regional Anaesthesia: How? Why? What? (Dr. Mlitwa)

08h10-08h20: Basics of ultrasound physics (Dr. Kabambi)

08h20-08h30: Knobology (Dr. Sukwana)

08h30-08h40: Needling gems – mastering hand-eye coordination (Dr. Mogorosi)

08h40-08h55: Hands-on session (All instructors)

09h00-09h15: Tea and Coffee

09h15-09h35: Upper limb blocks (Drs. Kabambi/Mlitwa)

09h35-09h50: Hands-on session (All instructors)

09h55-10h10: Hip blocks (Dr. Mogorosi)

10h10-10h25: Hands-on session (All instructors)

10h25-10h40: Lower limb blocks (Drs Mgoqo/Mogorosi)

10h40-11h00: Hands-on session (All instructors)

11h00-11h20: Truncal blocks (Drs Gobingca/Yose)

11h20-11h35: Hands-on session (All instructors)

11h35-11h55: Patient safety (Dr Ndhlovu)

11h55-12h10: Approach to a difficult spinal (Dr Mgoqo)

12h10 -12h30: Use of ultrasound in neuraxial anaesthesia (Dr Mogorosi)

12h30 -13h30: Lunch

### Afternoon Session ( NMD Campus dissection hall )

14h00 -16h00: Cadaver session

Cadaveric session groups (20 minutes per station)

#### Sponsors:

